



Canoe Kayak Ontario (CKO) including all of its affiliates, is unequivocally opposed to illegal drug usage. In its sport, canoe/kayak racing, CKO is similarly unequivocally opposed to the use by athletes of banned and restricted substances and practices for the purpose of performance enhancement.

Fair and equal competition is an essential ingredient of sport. Doping control (testing for the use of banned and restricted substances and practices) is a means of attempting to ensure that such is the case.

In support of ensuring fair-play and transparency in its sport, CKO including its affiliates has adopted Canoe Kayak Canada's - National Sport Organization – anti-doping policy.

CanoeKayak Canada Anti-Doping Policy and Doping Control Program

Note: The Canadian Anti-Doping Program (CADP) Version 2 is the successor to the Canadian Policy on Doping in Sport (2000) and the Canadian Doping Control Regulations (2002). The current document is available to view on the Canadian Centre Ethics for sport website. Due to the length of this document and the constant updates it will no longer be contained within this handbook. For further information on the Canadian Anti-Doping Program please go to www.cces.ca for details and updates.

1. Position Statement

1.1 CanoeKayak Canada (CKC) is unequivocally opposed to illegal drug usage. In its sport, canoe racing, CKC is similarly unequivocally opposed to the use by athletes of banned and restricted substances and practices (sometimes referred to as methods or procedures elsewhere in this Policy) for the purpose of performance enhancement.

1.2 Those persons who counsel or assist an athlete in the use of banned and restricted substances and practices for the purpose of performance enhancement must be considered as much at fault as the athlete using the substance or practice, and may, in some cases, be more so. In particular, CKC cannot and will not, tolerate any encouragement of the use of such substances or practices by those in positions of leadership or influence over canoe racing athletes, such as administrators, coaches, trainers, managers, medical and paramedical practitioners, sport scientists, and indeed other athletes.

1.3 Fair and equal competition is an essential ingredient of sport. Doping control (testing for the use of banned and restricted substances and practices) is a means of attempting to ensure that such is the case.

1.4 With a view to promulgating this aspect of fair play in athletic competition, CKC will ensure that all of its representatives in a position to do so will use their best efforts to see that effective national and international anti-doping education and doping control programs are in place.

2. Scope of Policy

2.1 This policy is guided by the Canadian Anti-Doping Program and the World Anti-Doping Code coordinated by the Canadian Centre for Ethics in Sport and the World Anti-Doping Agency respectively. Offences (sometimes referred to as infractions and procedures, applies to all members of the National Sprint Canoe and Kayak Team, the National Sprint Development Team, Olympic Team, Pan American Games Team, World University Games Team, tour teams, and all other canoe racing teams and athletes who are named or nominated by CKC to compete in the name of Canada internationally whether within or outside of Canada. Athletes who are or become members of either the National Sprint Canoe and Kayak Team or National Sprint Development Team remain subject to doping control, for a period of eighteen (18) months following their removal or retirement from these teams (any sanction imposed that extends beyond the eighteen (18) month period continues in full force and effect irrespective of the expiry of the eighteen (18) month period). All athletes whose names, are submitted as entries in National Team Selection Trials and all athletes who compete in Olympic-class canoe or kayak boats at the National Sprint Racing Canoe Championships are also covered by this policy, including its offences, sanctions, and procedures. Covered in like-manner are all persons, whether at the National, Provincial, Divisional, Club or individual level, in any way connected with canoe racing athletes who may be in a position to counsel, or assist the athlete(s) in the use of banned and restricted substances and practices for performance enhancement.

3. Doping Control Program

3.1 CKC's Doping Control Program for its sprint racing athletes will be in compliance with the Canadian Anti-Doping Program and the World Anti-Doping Code.

(a) "**Announced** Doping Control" being prescheduled tests which are conducted at competitions or at specified training camps with competitive elements, and;

(b) "**Unannounced** Doping Control" being unscheduled tests which are administered at any time of a "short" or "no-notice" basis. Short notice testing requires that an athlete provide a urine sample no later than 36 hours after notification to the athlete that a sample is required of the athlete. No notice testing requires that an athlete forthwith provide a urine sample and may require that the athlete be accompanied by a designated individual from the time he or she is notified that a urine sample is required until the sample is collected.

3.2 The Canadian Anti-Doping Program and the World Anti-Doping Code are governed by and conducted in accordance with Standard Operating Procedures for Doping Control of the CCES and WADA in effect at the time of the test in question. Athletes are reminded that there are protest and appeal procedures in relation to doping and doping related infractions (including refusals). Athletes should avail themselves of those protest and appeal procedures should they have complaints about the testing procedure particularly since CKC will accept the contents of a report from either the CCES or WADA as an accurate statement of doping control test results unless there has been a successful protest or appeal of the test results.

3.4 A copy of the C.C.E.S. Standard Operating Procedures for Doping Control may be obtained by an athlete from CKC national office or may be obtained directly from the C.C.E.S. upon request.

3.5 Before using any products, athletes and their coaches are advised to consult the latest "Drug Classification" document. This document includes lists of Canadian brand name banned, restricted and permitted drugs. Moreover, athletes and coaches should seek guidance from medical experts in circumstances where there is any question whether certain products are permitted.

Further information can be obtained from the C.C.E.S.

PLEASE NOTE: Banned and restricted drugs may include products which are administered as dermatological creams, and eye, nose, or ear drops, as well as herbal preparations.

4. Notification of Whereabouts

4.1 New in the Canadian Anti-Doping Program and the World Anti-Doping Code is the provision of whereabouts information to the appropriate authorities. It is a requirement of all National Team athletes to provide whereabouts information on a quarterly basis to the CCES. Forms are available on the CCES website. In addition CKC is required to notify the International Canoe Federation of accurate contact information for all National Team athletes and provide them with a training and competition plan for each competition year.

Please Note: The requirement to provide whereabouts information is not optional. As a regulation failure to comply will be considered an infraction and is subject to sanctions.

5. Sanctions or Penalties of Other Authorities

5.1 CKC recognizes and endorses the authority of the CCES and the World Anti-Doping Agency and any and all sanctions or penalties imposed due to violations of the Canadian Anti-Doping Program or the World Anti-Doping Code.

5.2 In addition CKC shall respect all sanctions imposed by other authorities (such as the Canadian Olympic Committee or the International Canoe Federation) to the extent of their authority.

6. Other Rights to Discipline

6.1 Nothing in this Anti-Doping Policy and Doping Control Program in any way limits the right of other persons or authorities within CKC to discipline athletes and other persons where and when so authorized.

7. Education

7.1 CKC is committed to providing effective anti-doping education, both from the perspective of physiological effect and the perspective of fair play in sport.

7.2 The educational programs to be pursued by CKC will include:

- (a) Presentations to be made to the general membership at the Annual General Meeting;
- (b) Organization of seminars and workshops for National Team and prospective National Team athletes and their coaches;
- (c) Distribution of pertinent educational material and policy and procedures documents to athletes, coaches, clubs, National Team support staff and support staff of other CKC Teams, as well as to professional and volunteer administrators.

8. Lobbying Efforts

8.1 CKC shall use its best efforts to secure from Sport Canada funding to develop and implement effective doping control, education, and international lobbying programs.

8.2 CKC will continue its international lobbying efforts, to the extent it is able, for a more effective doping control program within the International Canoe Federation (the "I.C.F.") which CKC believes should include:

- (a) Development of a more comprehensive competition doping control program which would include the possibility of doping control being conducted at all I.C.F. sanctioned competitions, and;
- (b) An international **unannounced** doping control program which would include the National Team athletes of all I.C.F. member federations.

(c) Distribution of pertinent educational material and policy and procedures documents to athletes, coaches, clubs, National Team support staff and support staff of other CKC Teams, as well as to professional and volunteer administrators.

9. Concluding Note to Athletes

8.1 Above all else, be true to yourself, respect your person and that of others, and win or lose, finish your races knowing that you faced the competition, fair and square.